

Polaris

The Human Abstract

Tune down 1 step

- ① = D ④ = C
- ② = A ⑤ = G
- ③ = F ⑥ = D

Moderate ♩ = 208

Intro

1

A.H.

TAB

X 12

1 1 1 5 2 3 3 3 3 5 3 2 5 5 5 3 2 5 2 5 3 5

4

P.M.-----|

1 1 1 5 2 3 3 3 3 5 3 2 5 5 5 2 2 2 3 3 3 5 5 5 1 1 1 5 2 3 3 3 3 5 3 2

7

P.M. P.M.-----|

0 3 2 2 0 0 2 0 2 3 5 1 1 1 5 2 3 3 3 3 5 3 2 5 5 5 2 2 2 3 3 3 5

Verse 1

10

P.M.-----| P.M. P.M.-----| P.M. P.M. P.M. A.H. ~~~~~

X 12

0 0 0 7 5 7 9 5 8 7 5 7 0 0 0 2 0 3 0 2 0 2

Bridge to Chorus 1

13

P.M.-----| P.M. P.M.-----| P.M.-----| P.M.-----|

0 0 0 7 5 7 9 5 8 7 5 7 | 1-1-1 3-2-3 3-3-3 5-3-5 | 0 0 0 10 12 14 0 0 0 10 12 14

16

P.M.-----| P.M.-----| P.M.-----| P.M.-----|

12 9 10 12 9 10 12 9 12 10 9 12 | 0 0 0 10 12 14 0 0 0 10 12 14 | 7 10 9 9 10 7 9 7 5 10 9 7

19

P.M.-----| P.M.-----| P.M.-----| P.M.-----| P.M.-----|

0 0 0 10 12 14 0 0 0 10 12 14 | 12 9 10 12 9 10 12 9 12 10 9 12 | 0 0 0 10 12 14 0 0 0 10 12 14

Chorus 1

22

P.M. P.M. P.M.

7 10 9 10 14 12 10 9 | 5 5 5 5 4 4 4 4 | 5 5 5 5 5 5 5 5 | 2 2 2 2 2 2 2 2 | 3 3 3 3 3 3 3 3 | 1 1 1 1 1 1 1 1 | 0 0 0 0 0 0 0 0

25

P.M. P.M.--| P.M.-----

7 7 7 5 5 7 7 7 5 3 3 | 3 7 5 5 7 9 10 9 7 9 7 5 | 2 2 2 2 X X 2 2 2 2 X X | 0 0 0 0 0 0 0 0 0 0 0 0

28

P.M. - - | P.M. - - | P.M. - - | P.M. - - | P.M. - - | P.M. - - | P.M. - - | P.M. - -

5 5 5 3 X X 5 5 5 3 X X | 7 7 7 5 X X 7 7 7 5 X X | 2 0 0 2 0 0 3 1 1 5 3 3

1 1 1 1 1 1 1 1 1 1 1 1 | 3 3 3 3 3 3 3 3 3 3 3 3 | 0 0 0 0 0 0 1 1 3 3

31

7 7 7 7 7 7 7 7 7 7 7 7 | 5 5 5 3 5 5 5 3 3 3 3 | 7 7 7 5 7 7 7 5

5 5 5 5 5 5 5 5 5 5 5 5 | 1 1 1 1 1 1 1 1 1 1 1 1 | 3 3 3 3 3 3 3 3

34

3 7 5 5 4 5 7 5 4 9 7 5 | 7 7 7 7 7 7 7 7 7 7 7 7 | 5 5 5 3 5 5 5 3 3 3 3

5 4 5 7 5 4 9 7 5 | 5 5 5 5 5 5 5 5 5 5 5 5 | 1 1 1 1 1 1 1 1 1 1 1 1

37

7 7 7 5 7 7 7 5 | 5 5 5 5 5 5 5 5 5 5 5 5 | 12 14 15 14 15 17 14 16 17 17 19 20

3 3 3 3 3 3 3 3 | 1 1 1 1 1 1 1 1 1 1 1 1 | 12 14 15 14 15 17 14 16 17

Verse 2

P.M. - - - - | P.M. | P.M. - - - - | P.M. P.M. P.M. A.H. P.M. - - - - | P.M.

0 0 0 7 5 7 9 5 8 7 5 7 | 0 0 0 2 0 3 0 2 0 2 | 0 0 0 7 5 7 9 5 8 7 5 7

Bridge to Chorus 2

43

P.M.-----1 P.M.-----1 P.M.-----1 P.M.-----1 P.M.-----1

46

P.M.-----1 P.M.-----1 P.M.-----1 P.M.-----1 P.M.-----1

49

P.M.-----1 P.M.-----1 P.M.-----1

Chorus 2

52

P.M. P.M. P.M. P.M.

55

P.M.--1 P.M.--1 P.M.--1 P.M.---

58

P.M. - - | P.M. - - | P.M. - - | P.M. - - | P.M. - - | P.M. - - |

61

64

Bridge to Interlude

67

70

73

22 0 19 20 0 20 19 0 19 20 0 17 | 20 0 17 19 0 10 12 0 13 15 0 12 | 17 0 13 17

76

13 10 0 | 12 15 | 0 12 8 0 5 8 0 | 22 0 19 20 0 20 19 0 19 20 0 17 | 20 0 17 19 0 10 12 0 13 15 0 12

79

17 0 13 17 13 | 15 12 | 13 8 12 | 12 | 13 10 0 | 12 15 | 0 12 8 0 5 8 0 | 22 0 19 20 0 20 19 0 19 20 0 17

82

20 0 17 19 0 10 12 0 13 15 0 12 | 17 0 13 17 13 | 15 12 | 13 8 12 | 12 | 13 10 0 | 12 15 | 0 12 8 0 5 8 0

85

22 0 19 20 0 20 19 0 19 20 0 17 | 20 0 17 19 0 10 12 0 13 15 0 12 | 17 0 13 17 13 | 15 12 | 13 8 12 | 12

88

13 10 0 7 10 0 12 8 0 5 8 0 | 10 7 0 3 7 | 2 0 0 0 0 0 2 | 2 0

Acoustic Interlude

92

2 0

Heavy Interlude

107

P.M. --- | *let ring*

5 3 5 3 5 3 5 3 5 3 3 2 2 1 0 1 0 2 3 0 1 0 0

113

let ring

2 2 1 3 5 5 5 3 5 3 5 0 2 2 3 1 3 1 0 3 1 0 1

117

P.M. --- | P.M. ---

2 2 1 3 7 5 9 5 3 7 2 2 2 2 2 2 2 2 2 2 2 2 2 2

121

P.M. ---|

let ring

Retort Bridge to Outro

124

P.M. ---|

128

Outro

131

134

P.M. ---| P.M. ---| P.M. ---| P.M. ---|

137

Musical notation for exercise 137. The staff shows a sequence of chords and notes. Below the staff is a guitar fretboard diagram with the following fret numbers: 7 7 7 5, 7 7 7 5, 3 7, 5 4 5, 7 5 4 9 7 5, 7 7 7 7, 7 7 7 7 7 7 7 7.

140

Musical notation for exercise 140. The staff shows a sequence of chords and notes. Below the staff is a guitar fretboard diagram with the following fret numbers: 5 5 5 3, 5 5 5 3 3 3, 7 7 7 5, 7 7 7 5, 3 3 3 3 3 3 5 5 5 5 5 5.

143

Musical notation for exercise 143. The staff shows a sequence of chords and notes. Below the staff is a guitar fretboard diagram with the following fret numbers: 7 7 7 7 7 7 7, 5 5 5 5 5 5 5. The text "P.M.-----1" is written below the fretboard.